



Eternal hope • Ewige hoop • Tshepo esafeleng



HOSPITAL CARE

What Can I Do?

Hospital Care focuses on visiting and ministering the Word of God to patients and their families, offering hope and encouragement, especially to people who do not have relatives in Bloemfontein. The programme is managed by a coordinator (minister) and spiritual workers. About 17 000 patients receive support in hospitals through in person visits as well as digitally (Zoom and YouTube).

- God knows the future. We have to trust Him. When you believe in Him and trust Him, He gives hope and patience.
- When you experience difficulties and feel overcome by trouble, put your trust in the Lord. Be still and know that God remains in control. (Psalm 46:10)
- Read God's Word and allow the Holy Spirit to comfort, strengthen, and lead you. God gives courage and strength.

"Peace I leave with you, my peace I give you. I do not give it as the world gives. Do not let your hearts be troubled and do not be afraid."

– John 14:27

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BIBLE VERSES OF ENCOURAGEMENT

WORRIES AND ANXIETY

- **1 Peter 5:7** – “Cast all your anxiety on Him because He cares for you.”
- **John 14:1** – “Do not let your hearts be troubled. Trust in God; trust also in Me.”
- **Psalms 37:5** – “Commit your way to the Lord; trust in Him.”
- **Isaiah 41:10** – “So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous hand.”

A HELPING HAND

- **John 14:16 & 17** – “I will ask the Father, and he will give you another Counsellor to be with you forever– the Spirit of truth.”
- **Genesis 28:15** – “I am with you and will watch over you wherever you go... I will not leave you.”

DESPAIR

- **Hebrews 13:5** – “God said, ‘Never will I leave you; never will I forsake you.’”
- **Romans 8:18** – “I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.”

FEAR

- **Psalms 112:7 & 8** – “He will have no fear of bad news; his heart is steadfast, trusting in the Lord. His heart is secure, he will have no fear.”

DEPRESSION

- **Psalms 138:12** – “You, O Lord keep my lamp burning; my God turns my darkness into light.”
- **Romans 12:12** – “Be joyful in hope, patient in affliction, faithful in prayer.”
- **Revelation 21:4** – “He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.”

“My focus changed from demanding an explanation from God to humbly depending on Him”

Yancey: 1977